

January 2018

SAINT BERNARD'S SCHOOL MENU

LUNCH

Menu items are subject to change without notice
This institution is an equal opportunity provider and employer.

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Monday



1

Tuesday

2

Wednesday

3

Thursday

4

Friday

5

Oven Crispy Nuggets!
Breaded Chicken Nuggets
Oven Baked French Fries
Whole Wheat Dinner Roll
Crunchy Carrots / Hummus
Corn off the Cob
Choice of Fruit

8

Where's the Beef?
Whole Wheat Bun
Hamburger, American Cheese
Oven Baked Potato Puffs
Mixed Vegetables
Choice of Fruit

9

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

10

Thanksgiving in January!!
Turkey and Gravy
Mashed Potatoes
Sweet Peas
Whole Wheat Dinner Roll
Choice of Fruit

11

Crisp from the Oven!
Breaded Mozzarella Sticks
Marinara Sauce
Oven Baked French Fries
Steamy Broccoli Spears
Whole Wheat Dinner Roll / Fruit

12



No School!

15

It's Breakfast for Lunch!
MINI Maple Waffles
Breakfast Sausage Link
Oven Baked Potato Puffs
Cooked Carrots
Choice of Fruit

16

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

17

It's a Wrap-Mexican Style
Seasoned Chicken Fajita Strips
Shredded Cheddar Cheese, Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans 100% Juice Sherbet or
Fruit Cup

18

The "MAX" Pizza
Cheesy Pizza Square
Oven Baked Potato Puffs
Steamy Broccoli Spears
Choice of Fruit

19

These Dogs are Corny!
Corn Dog (Turkey) Nuggets
Oven Baked French Fries
Corn off the Cob
Whole Wheat Roll
Choice of Fruit

22

This Chicken is Popping!
Breaded Popcorn Chicken
Mashed Potatoes, Gravy
Whole Wheat Dinner Roll
Sweet Peas
Choice of Fruit

23

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

24

Mexican Taco Salad!
Taco Chips & Taco Meat
Cheddar Cheese Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans
100% Juice Sherbet or Fruit Cup

25

Grilled to Perfection
Grilled Cheese Sandwich
Hot Tomato Soup, Crackers
Steamy Broccoli Spears
Crisp Cucumber Slices
Choice of Fruit

26

Ballpark Frank!
Hotdog (Turkey) in a Bun
Oven Baked French Fries
Honey Baked Beans
Choice of Fruit

29

Golden Baked Chicken Pattie
Chicken Pattie /Cheese
Whole Wheat Bun
Crunchy Carrots / Hummus
Oven Baked Potato Puffs
Choice of Fruit

30

Birthday Pizza Lunch!

31

