

May 2018

SAINT BERNARD'S SCHOOL MENU

LUNCH

Menu items are subject to change without notice
This institution is an equal opportunity provider and employer.

Help Wanted: Nutrition Services is accepting applications for substitutes/part time workers.
Great hours for parents! Contact Nutrition Service Office for more info: 860-253-6509

Monday

Tuesday

Wednesday

Thursday

Friday

Where's the Beef? April 30.
Whole Wheat Bun
Hamburger, American Cheese
Oven Baked Potato Puffs
Honey Baked Beans
Choice of Fruit

These Dogs are Corny! 1
Corn Dog (Turkey) Nuggets
Oven Baked French Fries
Cooked Carrots
Whole Wheat Roll
Choice of Fruit

Pasta Day Your Way! 2
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

This Chicken is Popping! 3
Breaded Popcorn Chicken
Mashed Potatoes, Gravy
Whole Wheat Dinner Roll
Sweet Peas
Choice of Fruit

Crisp from the Oven! 4
Breaded Mozzarella Sticks
Marinara Sauce
Oven Baked French Fries
Steamy Broccoli Spears
Whole Wheat Dinner Roll / Fruit

Oven Crispy Nuggets! 7
Breaded Chicken Nuggets
Oven Baked French Fries
Whole Wheat Dinner Roll
Corn off the Cob
Choice of Fruit

It's Breakfast for Lunch! 8
MINI Maple Waffles
Breakfast Sausage Link
Oven Baked Potato Puffs
Cooked Carrots
Choice of Fruit

Pasta Day Your Way! 9
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

Meatball Sub Day! 10
Meatballs and Sauce
Grinder Roll, Grated Mozzarella Cheese
Oven Baked French Fries
* Chick Pea Salad *
Choice of Fruit

NO HOT LUNCH 11
(Grandparents Days)

Chicken Fryz are back! 14
Mashed Potatoes, Gravy
Whole Wheat Dinner Roll
Corn off the Cob
Choice of Fruit

Golden Baked Chicken Pattie 15
Chicken Pattie /Cheese
Whole Wheat Bun
Cooked Carrots
Oven Baked Potato Puffs
Choice of Fruit

Pasta Day Your Way! 16
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

It's a Wrap-Mexican Style 17
Seasoned Chicken Fajita Strips
Shredded Cheddar Cheese, Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans 100% Juice Sherbet or
Fruit Cup

My Fav- Mac and Cheese 18
Macaroni and Cheese
Sweet Potato Fries
Steamy Broccoli Spears
Whole Wheat Dinner Roll
Choice of Fruit

Chicken Teriyaki Nuggets! 21
Teriyaki Chicken Nuggets
Oriental Rice
Corn off the Cob, Chick Pea Salad
Whole Wheat Dinner Roll
Fortune Cookie Choice of Fruit

Ballpark Frank! 22
Hotdog (Turkey) in a Bun
Oven Baked French Fries
Honey Baked Beans
Choice of Fruit

Pasta Day Your Way! 23
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

Thanksgiving in May!! 24
Turkey and Gravy
Mashed Potatoes
Sweet Peas
Whole Wheat Dinner Roll
Choice of Fruit

The "MAX" Pizza 25
Cheesy Pizza Square
Oven Baked Potato Puffs
Steamy Broccoli Spears
Choice of Fruit

 28
No School

This Lunch is Twisted! 29
It's back due to student request!
Big Soft Twisted Pretzel
Stringy Mozzarella Sticks
Oven Baked Potato Puffs
Cooked Carrots
Choice of Fruit

Pasta Day Your Way! 30
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

Mexican Taco Salad! 31
Taco Chips & Taco Meat
Cheddar Cheese Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans
100% Juice Sherbet or Fruit Cup

June 1:
Grilled Cheese
